

Steps Website Newspaper Articles

Access to Healthy Foods

- "Less Delicious, More Nutritious." [The Columbian](#) 10 Dec. 2004.
- "Schools Do Math on Junk." [The Columbian](#) Jan. 2005.
- "School Lunch Programs Take a Bite Out of Hunger." [The Columbian](#) 22 Feb. 2005.
- "Bills Aim to Reduce Junk Food in Schools." [The Oregonian](#) 04 Apr. 2005.
- "Legislators Who Killed Soft-Drink Ban Got Industry Funds." [The Columbian](#) 08 May 2005.
- "Best-Selling Author Drives Through." [The Oregonian](#) 20 May 2005.
- "Share and Evergreen Public Schools Team Up For Summer Lunch Program." [Evergreen Public Schools Newsletter](#) July 2005.
- "Beverage Group to Limit Amount of Soda Available in High Schools." [The Columbian](#) 18 Aug. 2005.
- "School Garden a Growing Experience." [The Columbian](#) Sept. 2005.
- "Road's Diet Pays Off." [The Columbian](#) 12 Oct. 2005.
- "Heritage High School Student Store Promotes Healthier Product Mix." [Evergreen Public Schools Newsletter](#) Nov. 2005.
- "A Healthy Serving of Spinach Punch." [The Oregonian](#) 17 Nov. 2005.
- "Neighborhood Briefs-Discussion Targets School Gardens." [The Columbian](#) 12 Apr. 2006.
- "Soda Industry to Cut School Sales." [The Columbian](#) 04 May 2006.
- "Students Find When Soda Stops Flowing, Funds Dry Up." [The Columbian](#) 04 May 2006.
- "Taking Fizz Out of School Sodas." [The Columbian](#) 11 May 2006.
- "No More Cookies for County's Volunteers." [The Columbian](#) 30 May 2006.
- "Clark County Follows Gut Instinct on New Policy Targeting Junk Food." [The Columbian](#) 31 May 2006.
- "Concerned Schools Take the Cake, Literally." [The Columbian](#) 28 Sept. 2006.
- "Healthy Food Forecast." [The Reflector](#) 04 Oct. 2006.
- "Food Council May Help Health." [The Columbian](#) 06 Oct. 2006.
- "Snack Food Makers Pledge to Help Schools Make Healthy Choices." [The Columbian](#) 07 Oct. 2006.

"Lunch for 20,000 Picky Kids, as Healthfully as Possible." [The Oregonian](#) 10 Oct 2006.

"A New Menu for School Lunch: The From-Scratch Project at Abernathy Elementary Yields Insights that Will Flavor Plans of the District." [The Oregonian](#) 10 Oct. 2006.

"Taking a Bite Out of Life: Students See Just How Junky Foods Harm Their Bodies."

[The Columbian](#) 20 Oct. 2006.

"Lively Lessons Bring Garden's Message to Kids." [The Oregonian](#) 03 Jan. 2007.

"Healthy Diet Begins With Good Grocery, Nearby." [The Columbian](#) 03 Jan. 2007.

"Giving Kids a Veggie Education." [The Columbian](#) 04 Apr. 2007.

"Junk Food Gets Axed From Halls, Cafeterias." [The Oregonian](#) 26 May 2007.

"Farmers Want Help; County Wants Land for Growth." [The Columbian](#) 03 June 2007.

"Wise Up in Food Choice." [The Columbian](#) 14 Sept. 2007.

"Food Summit to Focus on Local Resources." [The Columbian](#) 17 Jan. 2008.

"Washington State County First in Nation to Embrace NAMA's New Fit Pick Program." [Vendingbiz.com](#) 25 Apr. 2008.

"Fit Pick: The Answer to Your Snack Attack." [Vancouver School District Newsletter](#)

Spring 2008.

"Fit Pick National Press Releases." [CNBC](#), [Forbes](#), [Business Week](#), [Sun Herald-Mississippi](#),

[Examiner](#), [KRN TV](#), [Yahoo.com](#), [Finance.com](#), [Newsblaze.com](#), [JRJ.com](#), [Bio-medicine.org](#), [KGW.com](#) Apr. 2008.

"Tough Trip in Store." [The Columbian](#) 23 Apr 2008.

"Camas Roots Garden Update." [The Columbian](#) 30 Apr. 2008.

"Healthier Vending is Good Selection." [The Columbian](#) 26 May 2008.

Access to Physical Activity

"Towns Take First Steps for Healthier Citizenry." [The Columbian](#) 03 Feb. 2005.

"Work on Venues to Begin This Summer: Proposed Parks for Metro District." [The Columbian](#) 19 Feb. 2005.

"County Receives Millions for Parks." [The Oregonian](#) 24 May 2005.

"Weekly Spin on a Bike." [The Oregonian](#) 30 June 2005.

"Parks Planned as Subdivisions Boom." [The Columbian](#) 18 Aug. 2005.

"Community Trail Systems Boost the Local Economy." [Chamber News Magazine](#) Dec. 2005.

"Improving Trails-Clark County Needs More Soft Paths." [The Columbian](#) 03 Jan. 2006.

"New Center Promotes Cycling for Health." [The Columbian](#) 19 Feb. 2006.

"Clark County Trail Plan Renews a Scenic 1880s Dream." [The Oregonian](#) 27 Feb. 2006.

"Walk Clark County-Spring is Just Nine Days Away." [The Columbian](#) 11 Mar. 2006.

"Hot on the Trail." [The Columbian](#) 06 Apr. 2006.

"It's Spring! So Walk!" The Columbian 06 Apr. 2006.

"County Kicks off Public Health Month with Family Walk." The Columbian 06 Apr. 2006.

"Walking an Easy Way to Get Fit." The Columbian 11 May 2006.

"County Walking Guide Now Available." The Columbian 31 May 2006.

"Grant to Pay for Safer Streets Near School." The Columbian 22 Nov. 2006.

"Columbia Panel Yet to Rule Out Third Bridge." The Columbian 28 Feb. 2007.

"Discovery Walk Takes Strides for Fun." The Columbian 27 Apr. 2007.

"Women's Steps Amount to Large Leap in Health." The Columbian 05 June 2007.

"Where Can You Walk? Web-based Algorithm Measures the Proportion of Your Daily Needs Within Walking Distance." The Columbian 27 July 2007.

"Daybreak Primary/Middle: Battle Ground Public Schools." The Columbian 05 Sept. 2007.

"Forum will Explore Idea of Walkable Communities." The Oregonian 15 Oct. 2007.

"Fenton, Host of PBS' 'America's Walking,' Will Talk the Walk at Forum." The Columbian 19 Oct. 2007.

"Walker in the Dell." The Columbian 23 Oct. 2007.

"Keller Williams will Host First Friday Artwalk Reception." The Columbian 08 Jan. 2008.

"YMCA's Across the Nation Put Energy into Activating America." The Columbian 12 Jan. 2008.

"Healthy Steps." The Columbian 24 Jan. 2008.

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"Washougal Mayor Promotes Walking." Camas, Washougal Post Record 24 Jan. 2008.

"Build Walkable Community." The Columbian 16 June 2008.

"FYI-Take 10." The Columbian 6 July 2008.

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"Florence Wager: Passion and Service" Senior Messenger, City of Vancouver Newsletter 14 April 2008

"Create your own passport activity" Southwest Washington Medical Center www.swmedicalcenter.net/body.cfm?id=3726 21 May 2008

"FYI: Take 10" The Columbian 5 June 2008

"Our readers' views- Build walkable community" The Columbian 16 June 2008

"New for the Summer of 2008 - Take 10" City of Vancouver, <http://www.cityofvancouver.us/page.asp?menuid=10466&submenuid=22781> 16 June 2008

"Community Choices presents Take 10", Clark County Smart Commuter, http://www.clarkcommute.org/s3_2_CampaignAndEvents.aspx 16 June 2008
"Clark County takes Steps to Health" Safe Routes to School - WA, <http://www.saferoutes-wa.org/news/clark-county-takes-steps-to-health> 22 June 2008
"In our view: Let's Walk More" The Columbian 27 August 2008
"Walking boosters get \$68,000 to start 1,000-mile journey" The Columbian 23 August 2008

Smoke-Free Environments

"Secondhand Smoke, Firsthand Risk." The Columbian Nov. 2004.

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"More County Teenagers Just Say No to Cigarettes." The Columbian 31 Mar. 2005.

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"As Smoking Bans Spread, More Progress Sought." The Columbian 21 Jan. 2007.

"Landlords Can Legally Snuff Out Smokes." The Columbian 25 July 2007.

"In Our View: Changing Culture; Yesterday: Cigarettes, Today: Obesity." The Columbian 24 Jan. 2008.

Other Initiatives

- "County Gets Grant to Fight Fat." The Columbian 19 Sept. 2003.
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- "Fit Clark County-Steps to A Healthier US." Report to Vancouver City Council 02 Feb. 2004.
- "New Miss Clark County Aims High." The Columbian 23 Mar. 2004.
- "Living Healthy-Clark County Health Report Card Hits Home." Vancouver Business Journal 26 Nov. 2004.
- "New Obesity Law Prompts Vancouver School Board Debate." The Columbian 09 Dec. 2004.
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- "World Class Presentation." Chamber News Magazine July 2005.
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- "County Taking Healthy Steps." The Columbian 28 Feb. 2007.
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- "A Hands-on Earth Day Lesson." The Columbian 25 Apr. 2007.
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